SEPTEMBER 2025

Nicholas County Extension



University of Kentucky
College of Agriculture,
Food and Environment
Cooperative Extension Service

Ag and Natural Resources Newsletter

Summer plant care tips for healthier, longer-lasting blooms

By mid-summer, many summer annuals have already produced plenty of flowers, and some may be starting to set seed. Once this happens, plants shift their energy toward maturing seeds instead of producing more blooms. You can encourage fresh flowers by "deadheading," or removing the faded blossoms. Snip off the spent blooms, give the plant a boost with a liquid fertilizer following the label instructions, and keep it well-watered. This helps redirect energy back into growth and flowering instead of seed production.

Marigolds, zinnias, cosmos, verbena, geraniums and petunias all respond well to deadheading. That said, many modern hybrids of petunias, zinnias, and verbena are bred to keep blooming steadily without it. If your plant is vigorous, green and producing new flowers, you can skip the step. Container plants often get overgrown or tired-looking by mid-summer. A good trim can spark fresh growth, but sometimes the best option is to replace them entirely. Swapping in new plants can instantly brighten an entryway or patio and give your outdoor spaces a refreshed look.

Regular watering is essential during the hottest months. Annual flowers and vegetable gardens often need water every few days. Deep watering every other day is better than a light sprinkle daily, as it encourages roots to grow deeper. If a good summer rain soaks the soil, you can safely skip your next watering.

If plants lose their rich green color or their growth slows, they may need feeding. Applying a liquid fertilizer as directed on the label can bring noticeable results in just a few days. For best results, water the soil first — feeding dry plants will have little effect.

Trees and shrubs usually require less attention in summer. Established woody plants are fairly drought-tolerant and can often go a week to 10 days without rain. If summer storms damage limbs, prune them back at any time. You can also remove spent flowers from shrubs now but save major pruning for late winter or early spring.



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Agriculture and Natural Resources Family and Consumer Sciences 4-H Youth Development Community and Economic Development

Lexington, KY 40506

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

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2025 CENTRAL KENTUCKY HAY IMPROVEMENT PROGRAM

Testing provides nutritional value of hay to assist in balancing rations, and can result in reduced feed cost, increased animal performance, and information to improve forage stands.

Free analysis to determine hay quality and livestock needs.

Call 859-289-2312 or email shelby.cleaver@uky.edu to sign up





DEADLINE TO REGISTER: SEPTEMBER 29

Cooperative Extension Service

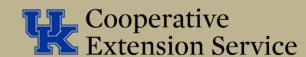
Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

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Join us on **Thursday September 11**th **at 6PM** to learn about shortening your calving season and helpful tools to implement in your herds.



CAIP Education

Nicholas County
Livestock Barn
1471 Concrete Rd.
Carlisle

We will have a meal provided for those that register ahead of time, to register please call our office at 859-289-2312 or email shelby.cleaver@uky.edu

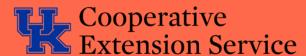
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Livestock Waterers

Join us on **September 23rd at 6PM** to learn about providing and improving drinking water for your livestock





CAIP Education



CAIDEQUICATION

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Carlisle

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2025 Horses & Horsemen:

Farm & Facilities Expo

Tuesday, September 16th



RSVP to Bourbon County Extension Office: 859-987-1895

Schedule:

5:00: Registration and Trade Fair

6:00: Dinner

6:15: Welcome & Farm Overview

Arena footing and maintenance - Dr. Coleman, UK Equine Extension Specialist

Pasture Walk — Central KY ANR Agents

Heavy Use Areas & Farm Infrastructure— Dr. Bob Coleman

Horsemanship Demo - Mike & Chris Stokley

Location:
Mike & Chris Stokley

Big Creek Livestock 1310 Thatchers Mill Rd Paris, KY 40361





Ag Equine Programs
College of Agriculture, Food and Environment

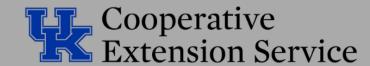
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Disabilities accommodated with prior notification.



BQCA Certification

September 22 4PM

September 25 10AM and 3PM

Please call the office to sign up 859-289-2312, if no one signs up for a date/time they will be cancelled



Cooperative Extension Service

Family and Consumer Sciences 4-H Youth Development







Strategies To Reduce Fertilizer

Use On Cattle Pastures

weeds to enhance fertility, appropriate stocking rates Join us Tuesday October 28th at 6PM to learn about feeding hay to recycle nutrients, clipping and implementing basic rotational grazing



CAIP Education

Nicholas County **Livestock Barn** 1471 Concrete

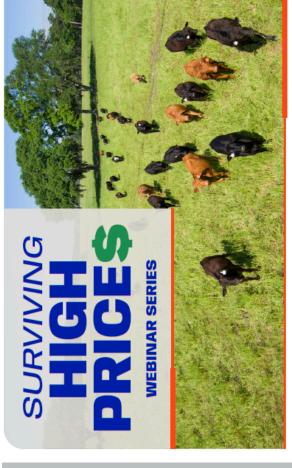
or email shelby.cleaver@uky.edu

Rd. Carlisle

We will have a meal provided for those please call our office at 859-289-2312 that register ahead of time, to register

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT Cooperative Extension Service





NEDNESDAYS: 2-3 P.M. ET | 1-2 P.M. CT | 12-2 P.M. MT | 11-12 P.M. PT

through record-high prices! Join us for a 6-week series how to help our producers current cattle cycle so we to learn about & discuss manage their operations can better understand the uniqueness of the

specialists from across the Extension economists and Speakers will include

October 29

TOPICS	Industry Margins & Beef Demand	Differences in this Cattle Cycle & Import Dynamics	Risk Management & What To Do With Profits	Operation Resiliency & Contract Grazing	Integrated Crop-Livestock Systems & How Not to Need a Hay Baler	Defining "Botter Genetice" & Economics of
DATES	September 10	September 17	October 1	October 8	October 22	

Visit this link or scan the QR Code to register: bit.ly/register-for-SHPwebinar















Creamy Cucumber and Chicken Salad

1/2 pound chicken breast
1 tablespoon fresh lemon juice
1 cup slivered almonds
1/2 cup nonfat plain Greek yogurt
3 ounces reduced fat cream cheese
2 tablespoons Dijon mustard

1/2 teaspoon sea salt
1 teaspoon ground black pepper
2 tablespoons fresh chopped dill
2 medium cucumbers, chopped
1 cup dried cranberries
8 lettuce leaves

Marinate chicken breast in lemon juice for one hour. Remove chicken from marinade and chop into bite sized pieces. Sauté in preheated nonstick skillet until thoroughly cooked and no longer pink in the center. Set aside to cool. Toast slivered almonds on low heat in a non-stick skillet until fragrant. Set aside to cool. In a large mixing bowl combine yogurt, cream cheese, mustard, salt, pepper and dill. Add chicken and toss. Add

cucumbers, cranberries and almonds to chicken mixture. **Toss** to coat. **Cover and chill** in refrigerator for 1 hour. **Spoon** salad into washed and dried lettuce leaves. **Serve** cold.

Yield: 8 servings

Nutritional Analysis: 210 calories, 10 g fat, 2 g saturated fat, 30 mg cholesterol, 290 mg sodium, 19 g carbohydrate, 3 g fiber, 14 g sugars, 12 g protein.

> Nicholas County 368 East Main P.O. Box 3 Carlisle, Kentucky 40311

