

FEBRUARY 2025

Nicholas County Extension



University of Kentucky
College of Agriculture,
Food and Environment
Cooperative Extension Service

Ag and Natural Resources Newsletter

Forage Timely Tips

- Continue strip-grazing of stockpiled tall fescue for maximum utilization.
- Remove animals from waterlogged pastures to limit pugging and soil compaction.
- Feed best hay to animals with highest nutritional needs.
- Supplement poor quality hay as indicated by forage testing.
- Feed hay in poor pastures to increase soil fertility and enhance organic matter.
- Consider “bale grazing” – set out hay throughout field when the ground is dry or frozen. Then use temporary fencing to allocate bales as needed after that.
- Use variety trial results to select seed for spring renovation.
- Prepare for pasture renovation by purchasing seeds, inoculant, etc. and getting equipment ready

Friendly reminder: the Nicholas County Soil Conservation Office is changing locations, their new location will be 110 South Broadway St. Carlisle, KY 40311 as of February 3rd 2025



Shelby Cleaver
ANR/4-H Agent
University of Kentucky
368 East Main Street
Carlisle, KY 40311
859-289-2312
shelby.cleaver@uky.edu



Cooperative
Extension Service

Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, physical or mental disability or reprisal or retaliation for prior civil rights activity. Reasonable accommodation of disability may be available with prior notice. Program information may be made available in languages other than English.
University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.

Lexington, KY 40506



Disabilities
accommodated
with prior notification.

Beef Quality Care Assurance (BQCA)

Dates:

February 19th at 4 PM

March 21st at 9 AM

April 15th at 3 PM

April 16th at 5 PM

Classes are \$5 a person unless stated otherwise.

Gate signs are available for \$10 each.

We only accept cash or check. Checks are to be made out to “Kentucky Beef Network”

Friendly reminder:

An updated BQCA card required if you plan to do large animal category for CAIP!

Plus an educational component will also be required.

Please call the office to let us know if you plan to attend any of these days/time at 859-289-2312. If no one calls they will be cancelled.

Private Pesticide Applicator Trainings



To register please call our
office 859-289-2312.
These will be held at the
Nicholas County Extension
office

Dates:
February 13th at 9AM
March 18th at 3PM

If non of these dates work for you please let me know and we will
discuss other options: shelby.cleaver@uky.edu

**Deadline to register is a 4
days prior to classes**
Classes will be cancelled
if no one registers

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Education Cooperative Extension Service

Opportunities

- Mushroom 101 February 25th at 6PM at the Nicholas County Livestock Barn
- Beekeeping 101 March 24th at 6PM at the Nicholas County Livestock Barn
- Wildlife Food Plot Planning April 3rd at 6PM at the Nicholas County Livestock Barn

If planning to attend any of these please call our office at 859-289-2312. You must register at least 4 days prior to event!

Food will be provided so please let us know if you're attending so we have enough

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UK Cooperative
 Extension Service
 Nicholas COUNTY
 EXTENSION OFFICE



**PLANT ORDER
 2025**

All plant orders due February 14th

Name: _____

Address: _____

City, State, Postal Code: _____

Telephone: _____

Email: _____

Item	Quantity (bundle of 25 plants)	Unit Price	Total Price
Seascape Strawberries		\$8.00	
Earliglow Strawberries		\$8.00	
Flavorfest Strawberries		\$8.00	

**** IF ORDERING BLUEBERRIES, IT IS RECOMMENDED TO PURCHASE TWO DIFFERENT VARIETIES FOR POLLINATION****

Item	Quantity (per plant/crown)	Unit Price	Total
Jewel Black Raspberry		\$13.00	
Chandler Blueberry		\$13.00	
Duke Blueberry		\$13.00	
Triple Crown Blackberry		\$13.00	
Marge Elderberry		\$13.00	
Hinnomaki Red Gooseberry		13.00	
Jersey Knight Asparagus		\$2.00	
		Total Due	

Orders payment is required by February 14th, 2025

Taxes included in price

**Make checks payable to: Nicholas County Extension
 Office**

Payment Information:
 Amount Paid: _____
 Date: _____
 Received by: _____
 Check no. _____ or Cash _____

**WE WILL CONTACT YOU WHEN ORDERS ARE READY
 FOR PICK-UP. IF YOU HAVE ANY QUESTIONS, CALL
 859-289-2312**

FARM & FAMILY NIGHT

Save the Date:

March 11th, 2025



Presenting our Title Sponsor



Tickets available after February 3rd

Questions? Call (606) 301-6118



WORKFORCE SOLUTIONS

Cooperative Extension Service

CATTLE GRADING

APRIL 22, 2025

FARMERS STOCKYARDS
255 HELENA RD, FLEMINGSBURG

Speaker: Mr. Jim Akers

- Live feeder grading demonstration
- Price determination
- What causes discounts
- Cow condition scoring
- Market outlook

USE THE QR CODE OR CALL TO REGISTER

- BRACKEN COUNTY: (606) 735-2141
- FLEMING COUNTY: (606) 845-4641
- LEWIS COUNTY: (606) 796-2732
- MASON COUNTY: (606) 564-6808
- ROBERTSON CO.: (606) 724-5796

6:00PM

CAIP EDUCATION ELIGIBLE



COUNTS FOR 2 HOURS FOR 4-H LIVESTOCK EDUCATIONAL HOURS

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2025 Kentucky Beef Expo

February 28th - March 2nd

February



2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 Groundhog Day 	3	4 UK VS. Ole Miss 	5	6	7  Plant orders due (paid and turned in by 4PM at the office) Farm Machinery Show Valentine's Day 	1 UK VS. Arkansas  UK VS. South Carolina
9 Super Bowl Sunday 	10	11 UK VS. Tennessee	12	13 Private Pesticide Applicator Training 9AM Farm Machinery Show 	14 UK VS. Texas  Farm Machinery Show	15 UK VS. Alabama
16 Presidents Day	17	18	19 UK VS. Vanderbilt 	20	21	22
23 BQCA Certification at noon	24 Mushroom 101 speaker at the livestock barn at 6PM 	25	26 UK VS. Oklahoma	27	28 KY Beef Expo 	



Lean Green Lettuce Tacos

8 large lettuce leaves	¾ pound extra lean ground beef	1 tablespoon finely chopped cilantro
1½ cup cooked brown rice	1 small zucchini, chopped	1 teaspoon lime juice
¾ cup fresh corn kernels	1 ounce packet low-sodium taco seasoning	1 tomato, chopped
1 cup canned black beans, drained and rinsed	4 ounces low sodium tomato sauce	1 small red onion, chopped
1 tablespoon olive oil		

Wash and **dry** lettuce leaves. **Prepare** rice according package directions. **Cut** corn off cob. **Drain** and **rinse** black beans. In a skillet, **heat** the oil to medium; **add** ground beef and begin to **cook**. When beef begins to brown, **add** zucchini, corn and black beans to skillet. Continue to **cook** until vegetables are tender and beef is done. Do not overcook. **Add** in taco seasoning and tomato sauce and heat through. **Add** cilantro and lime

juice to the cooked rice. **Place** equal amounts of rice mixture and taco mixture into lettuce leaves. **Top** each taco with chopped tomato and onion.

Yield: 8 servings

Nutritional Analysis: 180 calories, 4.5 g fat, 1 g saturated fat, 20 mg cholesterol, 350 mg sodium, 23 g carbohydrate, 4 g fiber, 5 g sugars, 12 g protein.